



Health & Home
CARE
Society of BC

At some time in our lives, many of us are likely to undertake the role of caregiver, living with the responsibility of looking after a spouse, parent or family member with memory loss, dementia and other complex health concerns. Anyone who has done so knows all too well that caring for a loved one 24/7 can be overwhelming and stressful.

Respite is an essential need in the community.

Respite assists caregivers to remain healthy themselves, keeps seniors living longer with their families in the community, reduces unnecessary emergency visits and hospitalizations, and decreases the demand for long term care.

Care BC has been operating a Family Respite Centre (FRC) in South Vancouver since 2002. The FRC has supported thousands of caregivers in the city. However, with the increasing need for respite in Vancouver, and with limited overnight beds at the FRC, it has been more than 10 years since referrals from the North Shore have been able to be accepted.

In addition, with the aging population on the North Shore, Care BC's longer-term goal has been to build a second FRC to support caregivers living there. In partnership with Catalyst Community Developments Society, the City of North Vancouver and Vancouver Coastal Health, this goal to expand this vital community service to the North Shore will soon be a reality.

A 6-storey residential tower is being constructed at the corner of St. George's and East 2nd, with the ground floor dedicated for Care BC's North Shore FRC. This custom-designed, home-like environment will have 18 private bedrooms for temporary overnight care, as well as 25 adult day care spaces, to enable North Shore caregivers to access the much-needed breaks they require to continue caring for their loved ones at home.

This second FRC is an investment in the future of North Shore seniors, their caregivers, and their families. Raising funds to build this second FRC has been no small feat. To date, Care BC has raised over \$8.5 million of the estimated \$12 million total project building costs. We are extremely grateful for the substantial financial support we have received. Thank you.

We are almost three-quarters there, and we need your help to get to the finish line! Will you please help us be there for the ones who need respite care on the North Shore?

For more information on the project and campaign, please visit:
www.becauseyoucarebc.ca

Warmest Regards

Inge Schamborzki, D. ED | Care BC Executive Director



“If it wasn't for the FRC, my husband would permanently be in a nursing home by now.”



“I was falling apart. These four days of respite gave me time to recoup. There should be more places like this!”



Construction is well underway with an anticipated Fall 2025 completion.

Donate Now!

Donate by returning the enclosed donation slip, or online: www.carebcfoundation.ca/donate-now-newsletter.

You'll receive your tax receipt immediately after making your donation online.



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Foundation of BC

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Charitable Tax No. 71276-8696-RR0002



在我們生命中的某個時刻，都可能有機會扮演看護者 (Caregiver) 的角色，為患有失去記憶、認知障礙或複雜健康問題的配偶、父母或朋友擔當看護者。這可能不僅僅是一份全職工作，而且如果沒有足夠的支援，這是一項非常艱巨或不可能的任務。

[暫託中心] 提供社區重要服務

暫託和護理服務不單幫助患者在病中得到照料，對於看護者 (Caregiver) 來說，這的確是迫切的需要！他們在長期照顧患病親人感到極度疲倦時，暫托中心為他們提供“喘息”機會，幫助他們在痛苦掙扎過程中得到照顧及支援。這可以減低病者出入急症室的次數，或減小入醫院及安置在醫院長期病床的機會。卑詩護理會自2002年開始，我們位於溫哥華南區的「家庭暫托中心」為該地區的數千名看護者 (Caregiver) 提供支援服務。由於空間有限，我們只能提供12個夜宿房間暫托。服務對象是一些患有腦退化症的病人，使病者的家人或看護者有一個休息機會。

為滿足北岸不斷增長的需求及看到第一所暫托中心的成功，卑詩護理會與 Catalyst 社區發展協會、北溫哥華市和溫哥華沿岸衛生局合作，在北溫哥華 St. George 夾東二街地段興建一座6層高的綜合大樓，其中包括北岸的[家庭暫託中心] (NSFRC) 設於地面。我們希望服務更多有需要之人仕。北岸暫托中心提供18個夜宿房間及可容納多達 25 位客人的日間護理。

第二所的「家庭暫托中心」對於北岸長者、他們的看護者 (Caregiver) 和他們的家人來說是一項重要的投資。這項投資籌募資金並不簡單。整個工程所需的1200萬中，我們已籌集了850萬。籌募工作自去年由Care BC Foundation 卑詩護理基金會發起的“[Because You Care](#)”活動開始。感謝所有慷慨支持我們的朋友。

工程籌募工作已完成了四分之三，我們還需要加多一點點的力量才能達到目標！

你是否願意參與其中，為北岸有需要的人仕伸出援手，幫助我們一起完成北岸「家庭暫托中心」的整個工程呢？

謝謝你的支持！

Inge Schamborzki, D. ED | Care BC Executive Director



“若不是得到暫托中心的幫助，我想我媽媽永遠住在療養院了！”



“我希望有更多的暫托中心去幫助有需要的人”



工程在進行中，預計2025年秋季完成！

請慷慨捐助! Donate now!

網上捐款：www.carebcfoundation.ca/donate-chinese



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