



Health & Home
CARE
Society of BC

2023-2024 ANNUAL REPORT





In October 2023, the Health and Home Care Society (Care BC) celebrated an amazing 125 years of service to the community.

Although we have faced many challenges throughout this long history, most recently the global COVID-19 pandemic, we have continued to adapt and evolve to meet the ever-changing needs of the communities we serve.

Tom Chambers
Board President

As we mark this incredible milestone, we have the wonderful opportunity to recognize and thank those who have been instrumental to our successes. Care BC is able to serve and care for the people we do because of the assistance we receive from our community of supporters, including hundreds of dedicated Meals on Wheels and Family Respite Centre volunteers, and loyal donors and generous Foundations, who keep our programming viable through their donations to the Health and Home Care Foundation of BC, the fundraising arm of Care BC.



We also wish to recognize, present and past, volunteer Boards of Directors for their governance, and thank the Care BC staff, consultants, and contractors who work tirelessly to maintain the quality of Care BC's community services. We would also like to acknowledge the significant support we receive from Vancouver Coastal Health, Fair Haven Homes Society, the Vancouver Foundation and St. George's Place Society. These contributions, combined with financial assistance received from the Province of British Columbia, including a Community Gaming Grant, enable Care BC to provide invaluable community services to people in need.

Inge Schamborzki
Executive Director

Thank You!

2023-2024 Board of Directors

Tom Chambers, President
Doug Purdie, Vice President & Treasurer
David Kimpton, Secretary

Keith Chambers
Cara Cole
Barbara Devlin

Douglas Hayhurst
Namit Malhotra
Carrie Russell

Seth Sherwood
Flora Yang

Serving British Columbians since 1898

The Health and Home Care Society of BC (“Care BC”, or “the Society”) is an independent, BC-based not-for-profit organization. Care BC was one of the founding branches of the Victorian Order of Nurses (VON) as the BC branch. When VON Canada restructured as a national entity in 2006, Care BC opted to become an independent organization, adopting our current name at that time.

MISSION

To provide health promotion and supportive care services to communities in British Columbia

VISION

A future where seniors live independently in their own homes.

Meals on Wheels (MOW)

Care BC’s MOW program began in Vancouver in 1967 as a centennial project serving five meals to clients in Kitsilano. Last year, Care BC’s 428 MOW volunteers served 143,996 meals to 1,593 clients across Vancouver, Richmond and the North Shore. Fifty-five percent (55%) of these clients were between the ages of 80 - 100+. And twenty percent (20%) were over the age of 90 years. Of significance as well, fifty-seven percent (57%) of the MOW clients reported they lived alone. Many of the MOW clients are frail elderly who live alone, have challenges with their mobility, and difficulties preparing well-balanced meals. The majority of the meal recipients are homebound due to age, chronic or acute medical conditions, or recovery from surgery, illness or injury.

Care BC Volunteers

Not only do the Society’s MOW programs deliver nutritious Western and Chinese meals, the volunteers provide social contact and security checks to the clients, most of whom are at significant risk of malnutrition and isolation. Without the dedication of the 428 MOW volunteers who last year contributed 41,365 hours supporting the MOW programs, the programs would not be able to operate. On average there are 90 volunteers delivering MOW each weekday. The volunteers deliver meals to clients’ homes, visit with them briefly, and ensure they are safe. The Chinese MOW (CMOW) program, launched

in 1996 to address the changing demographics within the Lower Mainland, not only offers authentic Asian cuisine, the volunteers delivering these meals are primarily Chinese speaking.

Care BC would also like to take this opportunity to recognize Mava Foods Ltd. and Blue Ivy House for their preparation of their nutritious meals for homebound seniors this past year.



Family Respite Centres

Vancouver

Forty-five years ago, the Victorian Order of Nurses in British Columbia, VON BC, (name changed to Care BC in 2006) identified the critical need for respite for caregivers living with the responsibility of providing 24/7 care for family members living at home.

Without adequate support, caring for a spouse, parent, or friend with memory loss, dementia, or other complex health care issues can be incredibly stressful and exhaustive. Caregivers require periodic breaks to remain healthy to continue to support caring for loved ones at home.

It was not until September 2002, when the current Family Respite Centre (FRC) opened in Vancouver offering both a Day and Overnight Program for frail seniors with cognitive decline, in a safe, home-like environment, so their caregivers could get the “break” they required to maintain their emotional and physical well-being. The FRC was the first program in Canada to specialize in providing temporary care for frail seniors, diagnosed with serious memory disorders, including Alzheimer’s disease, and dementia. Caregivers are able to temporarily schedule their loved ones at the Centre, secure in the knowledge they will be well-cared for by knowledgeable, supportive professionals and staff. Participants in the two programs are encouraged to socialize, dine together and jointly participate in programs and activities they are able to enjoy.

On average, 350 families receive care annually at the FRC, within the Day or Overnight Program, or both. There are twelve, private, overnight guestrooms with ensuites, and the Adult Day program can accommodate up to an additional 20 guests. When the FRC first opened in 2002, residents living in Vancouver, Richmond and North Shore could access these services. However, given the limited resources, the decision was made a few years later by Vancouver Coastal Health that only residents living in Vancouver were eligible. For this reason, and to address the aging demographics on the North Shore, the Care BC Board passed a motion in 2008 to build a second FRC on the North Shore and to raise the

required capital funds. Further, Vancouver Coastal Health (VCH), which provides the operating funds for the FRC in Vancouver, committed additional operating funding for the North Shore FRC. We are very grateful for VCH’s financial support of both respite centres.

North Shore

However, with limited “affordable” land available to build on the North Shore, it was not until 2019 before planning for the development of a second FRC on the North Shore began with the City of North Vancouver (CNV). In partnership with the CNV, Care BC and the Catalyst Community Developments Society were offered CNV-owned land, over a 60- year lease, located on the northwest corner of St. Georges Avenue between East 1st and E2nd Avenue in Lower Lonsdale.

A 6-storey tower is currently under construction on this site, which includes 18 private bedrooms with ensuites and 25 Adult Day Program spaces, on the ground level, and 89 affordable housing units above the FRC. Care BC has fundraised approximately \$8.5 million of the projected \$12 million construction cost. If the \$12 million capital costs are fundraised before the end of December 2024, it is anticipated the construction of the North Shore FRC will be completed by August 2025.



The Care BC Foundation is filled with gratitude for the substantial financial support provided by the Estate of Helen Louise Shore and the significant pledges from the Y.P. Heung Foundation and the Djavad Mowafaghian Foundation. Thanks are extended as well to the seven donors-to-date whose gifts will be recognized with a plaque, naming rooms within the North Shore FRC. Commemorative opportunities and pledge arrangements may be located within the **Because You CARE Campaign** brochure, and on the microsite for the campaign: www.becauseyoucarebc.ca.

Please do not hesitate to contact Dr. Inge Schamborzki at Care BC (schamborzki@carebc.ca) or call **604-807-5768** with any questions or when clarification may be provided. If you would like to make a donation online at www.becauseyoucarebc.ca/donate/, you will receive your tax receipt immediately. Thank you.



Community Integration Project (CIP)

The Community Integration Project was initiated twenty-five years ago, in 1999, in partnership with the BC Rehab Foundation and St. George's Place Society. The model adopted by the Project Team incorporated housing, rehabilitation and personal assistance. The purpose of the CIP is to assist with the provision of accessible and affordable housing and to coordinate transitional support for up to six months for individuals living with physical disabilities to enhance their community living opportunities. The project, housed at St. George's Place, at the corner of Laurel Street and 14th Avenue in Vancouver, comprises two apartments, one one-bedroom and a second two-bedroom, which can accommodate a family member or a supportive friend.

To the end of March 2024, a total of 110 individuals and 46 family members or friends had resided at St. George's Place. All of the people receiving care and support presented with complex care requirements, having been diagnosed with quadriplegia, paraplegia, strokes and/or related disabilities. Eighteen percent (18%) also had cognitive impairments from acquired brain injuries, thereby requiring substantial decision-making support.

Since 2018, the Individualized Funding Resource Centre (IFRC) Society has been responsible for the operations of the CIP Program. This year marks 10 years since the IFRC Society was established. And, it has been 30 years since the IFRC Society's Executive Director, Paul Gauthier founded the Choices in Support for Independent Living (CSIL) Program.

In 2023 Paul was accorded the esteemed honour of being appointed as a Member of the Order of Canada, for his "social entrepreneurship and advocacy of people living with disabilities in British Columbia". Care BC is very privileged and fortunate to be working with the IFRC under Paul's leadership.



Highlights of the 2023-2024 Audited Financial Statements

Statement of Financial Position – Health & Home Care Society of BC

As at March 31, 2024

	March 31 2024	March 31 2023
ASSETS		
CURRENT		
Cash	\$ 242,970	\$ 72,774
Accounts receivable	152,474	383,154
Prepaid expenses and inventory	20,495	19,576
		475,504
CAPITAL ASSETS	1,523,921	1,007,300
HERITAGE FUND	1,042,540	1,205,798
	\$ 2,982,400	\$ 2,688,602
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 326,046	\$ 277,642
Deferred revenue	232,115	328,560
Current portion of employee future benefits	5,792	1,341
CEBA Loan	-	40,000
	563,953	647,543
EMPLOYEE FUTURE BENEFITS	61,408	58,156
DEFERRED CONTRIBUTIONS RELATED TO CAPITAL ASSETS	1,480,092	963,231
	2,105,453	1,668,930
NET ASSETS	876,947	1,069,172
	\$ 2,982,400	\$ 2,688,602

Highlights of the 2023-2024 Audited Financial Statements

Statement of Operations – Health & Home Care Society of BC

For the Year ended March 31, 2024

	2024	2023
REVENUE		
Family Respite Centre	\$ 1,877,090	\$ 1,818,416
Meals on Wheels	1,690,226	1,674,259
Community Integration Project	26,180	28,051
	3,593,496	3,520,726
EXPENSES		
Family Respite Centre	2,198,983	1,909,923
Meals on Wheels	1,972,001	1,840,201
Community Integration Project	29,058	27,396
	4,200,042	3,777,520
DEFICIENCY OF REVENUE OVER EXPENSES FROM OPERATIONS	(606,546)	(256,794)
FUNDRAISING AND INVESTMENTS REVENUE	712,922	492,153
FUNDRAISING AND INVESTMENTS EXPENSE	(110,749)	(100,824)
UNREALIZED LOSS IN VALUE OF HERITAGE FUND	(140,252)	(119,795)
(DEFICIENCY) EXCESS OF REVENUE OVER EXPENSES FOR THE YEAR	\$ (144,625)	\$ 14,740

Approved by:

Tom Chambers, Board President

Doug Purdie, Vice President and Treasurer



ACCOUNTANTS & BUSINESS ADVISORS

Complete financial statements available upon request from the Health & Home Care Society of BC office.

We gratefully acknowledge all of our donors from April 1, 2023 to March 31, 2024.

Our Supporters

Honourary Patron

Her Honour The Honourable Janet Austin, OBC, Lieutenant Governor of British Columbia

Life Members

Susan Biddle	Chris Croner	David Kimpton	Shirley MacFarlane	Eddy Tam
Ken Birdsall	Anne Earthy	Jeanne Lewis	Ping Mah	Linda Tolman
Ellie Chan	Mary Graham	Barbara Lockyer	Joan Stewart	Nancy Turner

2023-2024 Macaulay Club Donors

The Macaulay Club recognizes donors who gave \$500 or more in a fiscal year to support Care BC's charitable programs. The Club name honours May Macaulay; her tireless advocacy on behalf of isolated families led to the creation of our organization, as one of the founding branches of the VON in 1898.

Benefactor Partners (\$50,000 +)

Anonymous	Djavad Mowafaghian Foundation	Estate of Annie M. Hokanson	Y.P. Heung Foundation
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Sustaining Partners (\$25,000 - \$49,999)

Anonymous	Zahir Bhatia	Keith Chambers	Signe Jurcic	Vancouver Foundation
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Investing Partners (\$10,000 - \$24,999)

Armstrong Family Foundation	Tom Chambers	Denton Corrigan	Rajiv Gupta	The Wolrige Foundation
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Sponsoring Partners (\$5,000 - \$9,999)

Gordon R. Barefoot Blue Ivy House Corp. Canpac Investments Corp.	Surinder Ghog Patsy Hui Kosmos Mobile Inc.	Yvonne Au-Yeung Lam Douglas Whitehead Randy Wood
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Contributing Partners (\$2,500 - \$4,999)

Lau-Ching Choi	Cherry Ho	Vancouver Fire Fighters' Union
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Family Partners (\$500 - \$2,499)

Alan & Doreen Thompson	Mark W. Emanuel	Harvey McKernon
Charitable Foundation	Chris Fehr	John McLachlan
Alfred Ammann	Kimberley Fenlon	Andrew McLenan
Frank Anfield	Miranda Fok	Gordon McLeod
Anonymous (x4)	Bob Foulkes	Mel and Geri Davis Charitable
Arbutus Furniture & Closets	Dag Furst	Trust
Army, Navy & Airforce Veterans in	Desh Garg	Stephen Mitchell
Canada, Unit #284	Margaret Gillis	Anne Morley
Bryan Atkins	Mary Graham	Craig Munro
Wendy Baker	Victoria I. Graham	Alan Nakamoto
Joanne Beattie	Robert Greig	OMS Oral and Maxillofacial
Douglas Beder	Pat Harrold	Surgery Group
Donald Bennett	Paul Hart	Michael A. Partridge
Susan Biddle	Hawksworth Restaurant	Duncan Porter
Muriel Ann Boltezar	Douglas Hayhurst	Doug Purdie
Philip Bowman	Sandra Herd	Alan Pyatt
Broadcom (CyberGrants)	Stephen K. I. Ho	Lynn Ramsay
Priscilla Brooks-Hill	Tom and Catherine Hoy	Bruce Rose
Linda Buchanan	Henry Hui	Lynne and Don Rose
Michelle Bushell	Hilary K.L. Hui	Royal Canadian Legion
Sharon Calvert	Lisa M. Humer	Sarah Thompson Personal Real
Megan Cash	John Murray McEwen Fund	Estate Corp
Asoke Chaklader	Annemarie Kaan	Inge Schamborzki
Mark M. Chambers	Barry Kiernan	Patricia N. Shaw
Cynthia Chang	Leanne Kievill	Stephen Silbernagel
Wing Kei Cheng	David Kimpton	Stan Siscoe
Anna Cheung	Meg Knowling	John Skinner
Nancy Sin-Mei Cheung	Grace Kwok	Lorraine Smith
Ginger Chiew	Sui Fong Lam	Colleen Stainton
Lau Ki Chit	William Lane	Norman Steinberg
Betty Choi	Irene Lau	Linda Teichroew
Amy Tai Yin Chow	Cher Law	Sarah Thompson
Ng Yeung Chow	Kit Wing Lee	Trout Lake CC Quilters Circle
Jacqueline Chu	Moon Tong Leung	Conchita L. Ung
Yin Ying Chu	Barbara Lockyer	Vancouver Shaughnessy Lions
Dawn Church	Lohn Foundation	Club
Cara Cole	Helen Low	Dan Waterman
Con Brio Foundation	Jian Lu	Bonnie V. Watts
Billee Davidson	Shiu Cheung Ma	Jane Williams
Barbara Devlin	Shirley MacFarlane	JS Wilson
Yueh Yau Ding	Kevin MacPherson	Angela Wong
Corwin Doeksen	Ellen K. Malarchuk	David Wong
Faith Anne Dohm	Namit Malhotra	Dick Wong
Jonathon Dowdy-Jafari	Manning Elliott LLP	Helen Wong
Colleen Dunbar	Glen & Joyce Manning	Wing Him Wong
Anne Earthy	Lori Marzin	Jennie Yee
Evelyn Eichinger	Hugh Matthews	Irene Zilinski

The Loyalty Club

The Loyalty Club recognizes supporters who have made donations in each of the last five fiscal years supporting Care BC's charitable programs.

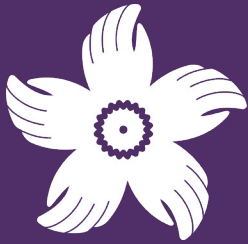
Loyalty Club Members: April 1, 2019 - March 31, 2024

Dennis Agon	Lenore Hampton	Roland Plessis
Frank Anfield	John Handkamer	Alan Pyatt
Anonymous	Pat Harrold	Marian Reid
Army, Navy & Airforce Veterans in Canada, Unit #284	Paul Hart	David Ross
Gordon R. Barefoot	Douglas Hayhurst	Gunther Ruppel
Paula Bennett	Irene Ho	Inge Schamborzki
Susan Biddle	Cordelia Ho	Rosemarie Schipizky
Priscilla Brooks-Hill	Jeannie Hsia Hsueh	Patricia N. Shaw
Elliot Burnell	Sandra James	Ronald Shindler
Frances Burnside	John Murray McEwen Fund	Stephen Silbernagel
CanadaHelps	Barry Kiernan	Stan Siscoe
Peter Caulfield	Corry Kolen	Allan Stewart
Tom Chambers	Kevin Kwok	C.Y. & K.W. Sze
Francis Chan	Daniel Kwok	Eddy Fook Sun Tam
Tsang Sing Chan	Arthur Landymore	Beverley Tannar
Mee Ngan Chan	William Lane	Peter P. Tanner
Charitable Impact Fund	Stanley Lang	Linda Teichroew
Jacinta K. Cheng	Keith Lang	The Wolrige Foundation
Linda K. Cho	Colin Large	Winnie Tong
Siu Ting Chong	Wing Kit Lau	Nancy B. Turner
Ham Li Chow	Mariana Lau	Sally Wong Uy
Amy Tai Yin Chow	Hooi Meng Lau	Llewellyn Van der Linde
Sanrita Chu	Myra Lau	Vancouver Foundation
Joey C. Chung	Cher Law	Vancouver Shaughnessy Lions Club
Dawn Church	Andrew Lee	Jacqueline Wainwright
Barbara Cohen	Kit Wing Lee	Deryk Whitehead
Maureen & Denton Corrigan	Pui Hing Leung	Jane Williams
Susan Courtemanche	Moon Tong Leung	Valentina Wojna
Connie Cowan	Ying Kit Leung	Carol Wong
Brenda Dalawrak	George Leung	Eileen Wong
Billee Davidson	Betty Lo	Jennie Yap
Barbara Devlin	Barbara Lockyer	Audra M. Yap
Djavad Mowafaghian Foundation	Lohn Foundation	Jennie Yee
Janice Dungate	David MacDonald	Peter Yeung
Anne Earthy	Shirley MacFarlane	Kevin Yip
Cathy Ebbehoj	Kevin MacPherson	Losa Yu
Evelyn Eichinger	Mary Mah	Kenneth Yule
Mark W. Emanuel	Marcia Harrison	Irene Zilinski
Caridad Fernando	Dr. Diane Mauzy	
Donald Fleming	Mava Foods Ltd.	
Kellog Fung	Nora McDowall	
Alice Garry	Gordon McLeod	
Rajendra Ghosh	Larry Meyer	
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Letitia Gore	Masao Mizumoto	
Lizanne Gosselin	Stella N. Ng	
Victoria I. Graham	Catherine V. Nielsen	
Mary Graham	Alison Orr	
Robert Greig	Bruce A. Pentecost	
	Lorraine Peters	

Care BC would also like to thank the many donors who have supported our activities during this year. Please know that your support is truly appreciated. If we have inadvertently made any errors or omissions, please accept our apologies and contact the Health & Home Care Society of BC office.



“If it wasn’t for the Family Respite Centre, my husband would permanently be in a nursing home by now.”



Health & Home
CARE
Society of BC

www.carebc.ca

Charitable Tax No. 13082-8791-RR0001

OFFICE

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info@carebc.ca

VANCOUVER FAMILY RESPITE CENTRE

2711 East 49th Avenue
Vancouver, BC V5S 1K3
604-327-9525 | Fax: 604-327-9528

PROGRAM CONTACTS

Meals on Wheels (Vancouver & Richmond)
604-732-7638

Chinese Meals on Wheels (Vancouver & Richmond)
604-733-6615

North Shore Meals on Wheels
604-922-3414

Volunteer Programs
604-733-9177 ext 107



Health & Home
CARE
Foundation of BC

To make a tax-deductible donation supporting Care BC's charitable programs through the Health & Home Care Foundation of BC, please call 604-733-6614 or visit: www.carebcfoundation.ca

Charitable Tax No. 71276-8696-RR0002